



TRIP NOTES SYMI SWIMMING ODYSSEY

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Basic information

Symi is an enchanting Greek island of the Dodecanese group located not far from Rhodes. It has a mountainous coastline alternating with clear blue Aegean beaches, secluded natural bays and valleys. A perfect base for a great swimming holiday trip. Symi has the 'WOW' factor to impress every visitor since it can cater to several tastes ranging from historical, cultural, culinary, scenic to great active adventure...

Surrounded by several smaller islands including Nimos and Diavates, the area offers us an incredible variety of swimming options. The nearby Datça peninsula offers some of the best wind protection in Greek waters, helping to create ideal conditions for swimming.

This tour is suitable for all levels of swimmer (see our Faqs information regarding the trip expected swimming speed), with three separate escorts for the safety and enjoyment of all guests.

Map



Summary

Country: Greece (EU)
Duration: 7 Days (6 Nights)
Tour Type: Island Hopping and Coastal Swims
Accommodation: Seafront Hotel on the Island
Average Daily Distance: 4-5 km
Level: Multi-level swimmers
Escort: 1 main boat, 2 escort dinghies, kayak, SUP, 2 swimming guides, 1 local boat pilot
Water temperature: 24-25 (°C)
Air temperature: 28-32 (°C)

Highlights

- Stay at the seafront hotel in Pedi bay
- Swim in the warm, crystal clear Mediterranean
- Swim along the dramatic cliffs, mountainous terrain and valleys of Symi island
- Enjoy comfortable daily boat rides from/to swim locations
- Walk up the hills and explore some of the historical sites of Symi island
- Enjoy tasty and locally prepared Greek meals

Included in the price

Fully guided tour with comprehensive safety escort (3 boats, 2 swimming guides, 1 local boat pilot), swim coaching, technique & stroke analysis, 6 nights accommodation, all breakfasts, 2 lunches and welcome dinner at the hotel.

Each guest receives a silicone swim hat. Should you require other swimming gear please bring it with you.

Additional cost

Travel to and from the start of the tour, three lunches, five evening meals. Overnight local tourist tax.

Single room supplement: from 150 Eur.

Itinerary

Day 1

We meet at the hotel at 6.30pm for the trip briefing. We will go through the week's plan in detail. In case you are late arriving this evening, we are happy to do another briefing the next morning. Please email us about your late arrival. Welcome dinner at the hotel.

Day 2

Before breakfast we have a short "acclimatisation" swim.

Following breakfast, we take our first boat ride on a comfortable Greek boat to St. George's (Agios Georgios) bay. A dramatic rocky cliff at the back of this bay makes it a perfect spot to start our first official 2km swim towards Nanou bay. We follow the high cliffs of Symi on the eastern side. After lunch we film you with our video camera for your stroke analysis. Later on we analyse your stroke at the hotel.

Our second 2.5km swim is from Nanou bay to Marathounda bay.

Day 3

Today we head north for an island hopping adventure. Our 45 minute boat drive takes us to Plati and Hondros islands where we start our first crossing swim to the larger Nimos island. Nimos island is an uninhabited island with several secluded bays. We swim about 3km all the way until we reach the north west cape of Makpia.

After lunch we enjoy sun-tanning on the boat and snorkelling. For the second swim we follow the coast of Nimos island from our lunch spot to the little Xilo islet. This route is usually well sheltered.

Day 4

Today we turn south towards the Seskli island. After about 1 hr boat journey we start swimming on the eastern side of Seskli towards the Artikonisi island and then onwards towards the Skomisa bay.

Here we have a chance to walk off the boat and explore the natural beauty of Seskli island and get a great view back to Symi.

We start our afternoon swim from the Skomisa bay towards the western side of Seskli until we reach the Troumpeto island.

Day 5

We head for the "Diavates island hopping" on the western side of the Symi island. Diavates is a stunning archipelago uninhabited islands on the west of coast of Symi. We start our 2.8km morning swim at Megalonisi and swim towards the Giallesino island until we reach the cape Koupi.

Afternoon coastal 2km swim from Skoumisa bay towards Toli bay

Day 6

Today we do our longest 3.5km morning swim from Diapori crossing towards the Nimporios (Emborio) village. This area offers a well sheltered mountainous region and calm waters.

Afternoon 2km swim takes us from the stunning, mountainous island of Agia Marina towards Pedi bay, our hotel base.

Day 7

Final morning is reserved for a Pedi bay loop swim in front of our hotel. This area offers incredible valley views of the bay. Trip finishes at around 11am.

Swimming awareness

Your safety is of utmost importance to us. In the event of adverse weather conditions at any of our swimming locations, we may need to adapt our itinerary. Our team always includes local guides who know the safest and most picturesque places to swim, so rest assured you won't be missing out!

Swimming in the open sea amongst natural wildlife is a unique experience, but you may come across certain marine life such as jellyfish, coral and sea urchins from time to time. There are very few jellyfish along the Dalmatian coast and so the risk of any unfortunate encounters with them is low, and we will always show you the safest areas to swim. If you are stung by a jellyfish and are unable to carry on swimming, you will never be far from an escort boat where one of the guiding team will be able to treat the affected area immediately.

If you suffer from Anaphylaxis or any other allergic reactions it is important to inform us at the time of booking.



General Information

Start Point: Hotel Pedi Beach, Symi Island
www.pedibeachhotel.gr

Start Time: 6.30pm on 1st Day

Finish Time: 11am on 7th Day

Contact: info@pedibeachhotel.gr, +302246071981

Group Size Up to a maximum of 16 people

Passports and Visas

Greece is a EU member, please check whether you require a visa. Most nationalities, including EU, US, Canadian, Australian and New Zealand citizens, do not require a visa to enter Greece but please check before you travel.

Vaccinations

There are no specific vaccinations required for Greece, but you should ensure that your tetanus and polio vaccinations are up to date.

Extra Expenses

You will need enough money to cover four evening meals which are not included in the tour price and some cash for tips. An average dinner (including a glass of wine) costs around 20 Euro.

Currency

Euro. ATMs are available in the main port. It is advisable to have some Euro cash with you.

Accommodation

Hotel Pedi Beach (4*) is located in a small village of Pedi bay which is only 3 kms away from the main harbour town of Yialos.

It is locally owned and has been completely renovated few years ago. The property is right on the beach, so we have a fantastic setting for our daily adventures.

Rooms available are single, double or twin with en-suite facilities. For any upgrades, please contact the hotel directly.

Extended stay

Please contact hotel for extra nights directly:
info@pedibeachhotel.gr



Accommodation in transit (Rhodes)

We suggest using booking.com, airbnb and tripadvisor for extra nights in Rhodes.

Swimming Information

Month	Water Temp. (°C)	Air Temp. (°C)
June	24	30
July	26	34
August	28	35
September	27	28
October	25	26

Swim

	Distances
St. George Bay - Nanou Bay	2 km
Nanou Bay - Marathounda Bay	2.5 km
Plati - Nimos island (Makria cape)	3 km
Taviri Bay - Xilo islet	2.4 km
Emporio Bay	2.8 km
Skomisa Bay - Troumpeto Bay	2.2 km
Nimos island coastal	2.7 km
Skoumisa Bay - Toli Bay	2.3 km
Diapori channel - Emporio	3.0 km
Agia Marina - Pedi	2 km
Pedi Bay loop	1.5 km

Keep in mind that you can skip any of the swims you want and relax on our escort boats.

Walking Conditions

Marathounda village: 1.5km
Emporio village - Yialos: 2.5 km

Essential Equipment

In addition to normal items, we recommend the following: at least 2 swimming costumes, at least 2 pairs of swimming goggles (one clear and one tinted recommended), sweater/fleece, towel, sun hat, small daypack, waterproof sun cream and jacket, walking shoes and sandals or aqua shoes.

We provide silicone swim hats.



Travel

To get to **Symi island** it is best to fly into **Rhodes island**, Greece, take a bus or taxi to **Mandraki Harbour** in Rhodes town (about 30 mins drive) and then catch a ferry or hydrofoil (1½ hrs) to Symi island.

Two major ferry companies:

Anes: <http://www.anes.gr/>

Dodekanisos Seaways www.12ne.gr

SeaDreams: www.seadreams.gr/en/

Blue Star Ferries www.bluestarferries.com/en/

We suggest you can check ferry times in advance and also book online.

In addition to that some local tour operators run day trips and excursions from Rhodes to Symi. They have their stands at Mandraki harbour. You can also get to Symi from Turkey (Dacha). Ferry prices ranges from 15 - 20 Euros/person.

Ferry will bring you to Yialos town-port on Symi. Once you reach Symi island port, a hotel transfer will come and pick you up. It is free of charge for hotel guests.

Please confirm your arrival time on email in advance to: info@pedibeachhotel.gr.

Rhodes international airport

www.rhodes-airport.org. The airport is about 25 min drive (15 km) away from the main Rhodes town and harbour (Mandraki). There are plenty of buses or taxes available. The bus cost is 2.5 0 EUR for a one way journey, taxi is about 25-30 EUR.

Book a taxi in advance:

www.rhodes-taxi.gr

www.hoteltransfers.com.gr

Search and compare flight prices and times via

www.skyscanner.net

See you on Symi! Updated: October, 2023

